

Shirts and Suits.com

Date _____

Measurement	Description	Body	Required	*
Full shoulder	Across the back, over the neck joining the points of the shoulders.			
Neck	Around your neck where you would normally wear a shirt. This is also your best fitting off-the-rack shirt neck size.			
Half shoulder	From the shoulder seam to the base of the collar.			
Sleeves	Length from shoulder seam to the bottom of the cuff along the outside of your arm. On the body, this is from the point of the shoulder to half way down the back of your hand.			
Cuff	Around wrist at widest point. If you would like the cuff looser to accommodate your watch or a bracelet, please note which wrist and how much larger you would like that cuff.			
Shirt length	Vertically from the seam at the side of the neck to the bottom of the shirt front.			
Hips	Around hips at the largest part			
Waist	Around waist at the position you wear pants			
Stomach	Around your stomach at the largest part			
Chest	Around your chest at the largest part			
Front	From the fold of one armhole to the other across the chest.			
Back	From the fold of one armhole to the other across the back.			

Front jacket length	From the shoulder seam connecting the sleeves to the length required for your jacket.			
Back jacket length	From the collar seam in the centre to the length required for your jacket.			

Pants length	From the top of the waistband at the side seam to the length required. Most prefer to have their trousers 'break' by just resting on the top of their foot			
Pants in-seam	Along the inside of the leg, from the bottom of the crotch to the length required.			
Pants cuffs	Around the bottom of the pants (cuffs). This is usually most easily measured from a well-fitting pair of trousers.			
Thighs	Around thigh at largest part, preferably giving exact and required measure (perhaps from well-fitting trousers)			
Crotch	From the top of the waistband in the front between the legs to the top of the waistband in the back.			

Vest length	As front jacket length, from shoulder seam to the length required.			
Overcoat length	As back jacket length, from back collar seam in the centre to the length required for your overcoat			

(Please note which measurements are taken from clothing in the * column with a ✓)

Please do complete our understanding of your body by sending us some photos of yourself.

Height?	Weight?	Off-the-rack size?
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Physical activities or sports?	
I have taken the sizes	E x a c t l y C o m f o r t a b l y L o o s e l y
I prefer my clothes to be	S n u g C o m f o r t a b l e L o o s e V e r y l o o s e B a g g y
I prefer to wear my trousers:	S t r a i g h t a c r o s s F r o n t l o w e r B a c k l o w e r S i d e s l o w e r
Special requests or comments (eg arm hole or biceps measurements if very large)	

Guide images

Full shoulder	Neck	Half shoulder	Sleeves	Shirt length	Hips
Waist	Stomach	Chest	Front	Back	Front jacket length
Back jacket length	Trouser length	Trouser in-seam	Pants cuffs	Thighs	Crotch

Body shape adjustments (just mark one)

Shoulders

 Square shoulders	 Normal shoulders	 Both very sloped	 Both slightly sloped
 Right normal left sloped	 Left normal right sloped	 Right slightly sloped left very sloped	 Left slightly sloped right very sloped

Neck stance

 Head backwards	 Normal	 Neck backwards
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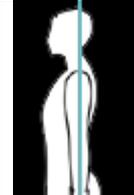
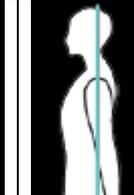
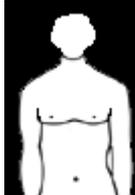
Neck height

 Very short neck	 Normal	 Very long neck
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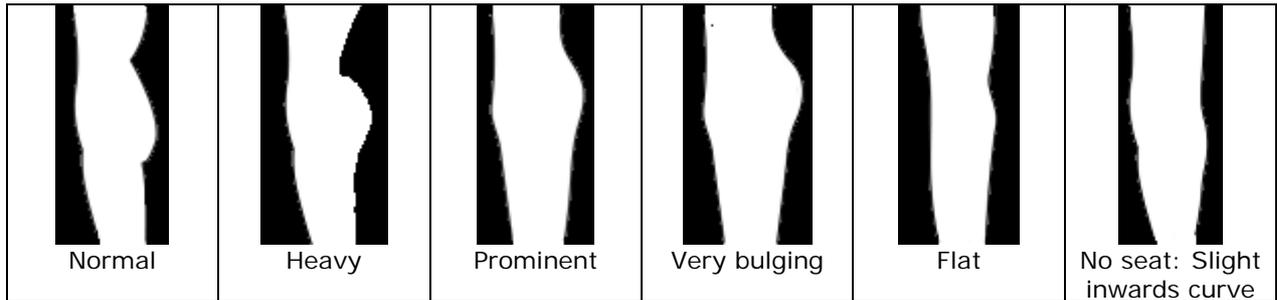
Posture

Sleeve length			Standing stance					
								
Right longer	Equal lengths	Left longer	Strong lean	Slight lean	Neutral	Backward of erect		
Leg stance				Thigh stance				
								
Normal	Bent inwards	Slightly outwards	Bow legged	Very erect, prominent calves	Thin legs	Heavy thighs	Large, muscular thighs	Thick thighs

Silhouettes

Arms silhouette				Front chest silhouette						
										
Arms forward	Balanced	Arms backward	Normal chest	Very bulging chest (muscular)	Caving in	Slightly protruding	Well padded chest (not muscular)			
Stomach silhouette						Back silhouette				
										
Normal	Wash-board	Slight bulge	Bulge	Pot belly	Beer belly	Upper back curve	Curved back	Hump back	Upper back curved forward, short neck	Normal back

Seat stance



How do you wear your clothes on your waist?

